



May 28, 2026. Episode 73



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Just an other vessel, as He ferries us towards the eternal shore of Light

As we sail our way from the darkness of ignorance to Light...





svāgatam

aum maha ganapathaye namaha

Greetings on Chithra Nakshathra.

Charanāmṛtham also refers to the sacred waters that pass through the Guru's Feet. The Charanāmṛth sanctifies the soul, clearing the mind of all negative tendencies and thus, leaves the being pristine.

We have come across this term, the Golden Pithapuram while we read the glorious Charithamrtham of Sripada Vallabha. In this edition, we shall briefly analyse the experience – the process of evolution, as we move from limited human minds to understanding the subtler truths, accessing higher dimensions.

This edition discusses the same, describing the evolution of the human mind – the letting go of the ego – transcending the dark confines of ignorance, confines of material nature - towards the 'ananda maiya kosha', the experience of Light Body, and thereby understanding the Golden Pithikapuram.

Let every drop of this Charanāmṛth nourish us, strengthen our 'bhakthi', revitalizing our energy bodies and leading us to enlightenment (union with Śrī Charana.

Humility is indeed beautiful.

Let's share love, not hate. Let's move beyond the ego....

Digambara Digambara Sripada Vallabha Digambara





From the Dwarakamai

Break down the wall between you and me. Then the way to approach each other will be clear and there will be no fear. The sense of duality between you and me is the wall between the Guru and the disciple. Till this wall is not completely demolished, the state of oneness is impossible to achieve. You may ask where I am now and how I can meet you now. But I am within your heart and we can meet without any effort.

- Sainath Maharaj

Sri Sai Sat Charitha





Reminder from Sripada Vallabha Charithamrutham

From Chapter 6

Metal is the consciousness in complete dormant state. Trees and tree related substances are consciousness in a partial state. Animals belong to a state of complete consciousness. The evolution of man takes place in the following manner. At first, born as metal and then takes birth as trees and creepers; then as animals; and finally emerges as a human being. Such a human being should cultivate discernment, wisdom and detachment and awaken the Divine power dormant in him and strive to achieve liberation.

- ŚrīPāda ŚrīVallabha





Sailing..... to Golden Pithikapura

Contemplating on the above phrase, from chapter 6, let's consider Evolution.

Evolution did not culminate in the mental human being. Just as Nature evolved Life out of Matter and Mind out of Life, she now strives to evolve something greater than Mind - the Supermind or Truth-Consciousness.

A complete perfection of human nature is possible only if the body moves past its animal instincts. Even if the mind becomes luminous and the soul awakens into power, the higher parts of our being will continue to be weighed down so long as the body remains governed by gross material limitations. Therefore, the transformation of the body is indispensable for the total transformation of human nature.

The incomplete intelligence of the animal gradually evolved into the intellectual mind of man, and the body became the physical foundation and instrument of humanity's spiritual journey. Yet its animal habits and limitations still obstruct spiritual perfection. At the same time, the very fact that the body has evolved enough to house the soul and serve spiritual aspiration suggests that it is capable of further evolution. Matter itself may reveal a hidden spirituality. The body may one day become a conscious shrine of the 'Atma' — no longer half-aware and resistant, but increasingly united with the Divine Consciousness. It must transcend its original earth-bound nature if it is to become a true instrument of the Divine Life rather than an obstacle to it.

The soul, though established in Matter, rises toward the heights of the 'Atman' without abandoning its material base. Instead, it unites the heights and the depths. Likewise, the 'atma' descends into Matter, filling the material world with





its light, power, beauty, and glory, transforming earthly life into an expression of the Divine.

The body, when left to its own deeper instinct, possesses a remarkable wisdom. It carries within itself an innate awareness and often knows spontaneously what preserves its balance and harmony.

At present, however, human beings depend heavily on external supports — food, medicine, and chemical interventions — to sustain health and vitality. But as the body becomes spiritualized, it begins to draw nourishment and energy more directly from universal forces. We see hints of this possibility in Yogis who can fast for extended periods without losing vitality, or who can suspend breath and heartbeat while remaining inwardly conscious and radiant. A perfected body may eventually learn to sustain itself without depending entirely on external substances.

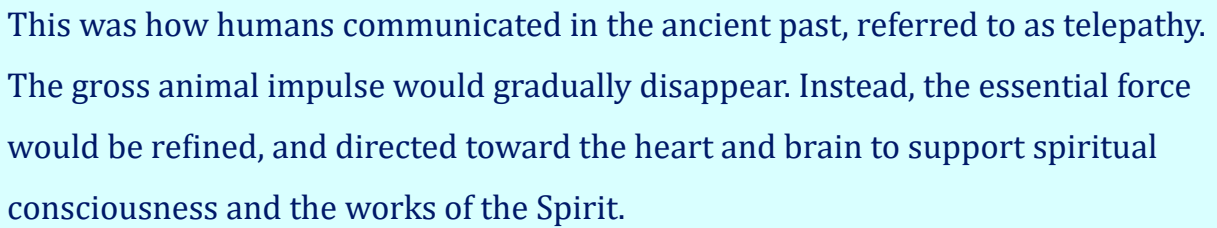
Chakras or the energy centres in the energetic nervous system, serve as portals to unlocking higher states, thus playing a major role in transformation. At present, these chakras remain largely shut or only partially opened. As they open, their energies increasingly flow into the nerves, tissues, and material structure of the body itself.

Such a transformation would lead to revolutionary possibilities.

The senses would no longer be confined to physical limitations. They would become channels capable of perceiving realities presently invisible to ordinary consciousness.

The brain could become a centre for the direct transmission of thought, while the heart could evolve into a medium for the direct exchange of feeling — where heart responds directly to heart across any distance.

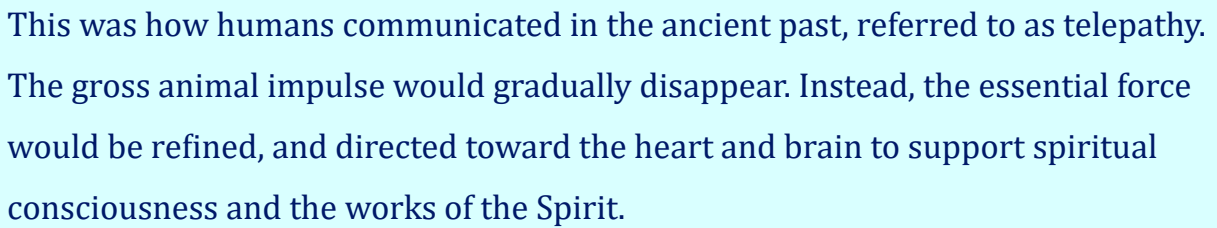




Two of the greatest burdens inherited from the animal stage are the body's dependence on food and its instinct for procreation. These are considered as obstacles on the path to evolution of the soul.

This total transformation of the body cannot be achieved by human effort alone. It requires the descent of grace from the Supreme Consciousness.

This supramental light does not merely illumine thought; it transforms the very substance of the body. It awakens consciousness within the cells themselves, even





in those automatic and mechanical functions that presently appear unconscious. In such a state, the body becomes a conscious vessel of Truth. It is no longer a dark and resistant wall, but a transparent instrument radiating the light of the indwelling Atman.

With the supramental manifestation, a new freedom begins to awaken even within the cells. The body develops an increasing capacity to resist illness and disorder through a direct inner consciousness rather than mere dependence on external intervention. This marks the true beginning of physical transformation.

Here, we arrive at the ‘ananda maia kosha’.

In the final stages of this evolution, the body itself would be filled with a constant delight and ecstasy. Matter, liberated into spiritual consciousness, would participate in the Divine Ananda — the bliss of existence. The joy and beauty of the Atman would radiate through the physical form in ways that human consciousness can scarcely imagine.

In the *Charithamrutham*, this is described as the experience of Swarna Pithikapuram or the Golden Kashi – the ultimate bliss or ananda, with the presence of the Bliss Body or Luminous Body — a body of Light, a spiritual substance capable of manifesting and acting even upon the material earth.

But sadly, in the present times, our lives are full of insecurities, ignorance and confusion; occupied with so many thoughts serving no purpose towards the higher goal, but instead, diverts us to further low.

Only when all beastly urges and instincts are vanquished, and the being rises above the individual ego, the energies radiate, causing the light body to expand itself, and experience the higher dimensions. It will be suffused with a light and bliss and love from the Beyond and the ‘jivatma’ assumes a body divine.





This transformation is central to the realization of the *Life Divine*. It heralds the emergence of a new dawn — not merely a stronger or more intelligent human, but a consciousness in which every thought, action, and cellular movement is aligned with Divine will and thereby becomes an expression of Divine Truth.

The ‘ivatma’ thus, fulfils its deepest purpose: to become the conscious vessel, holding Light and manifesting the glory of the Divine here upon earth.

The attainment of this Light body is the final seal of the ‘jivatma’s journey. It is the ultimate destination, the return-back home or to the Source.

Let’s all return back to the Golden Pithapuram where we can eternally be in the presence of Sripada Srivallabha (while our bodies may continue to participate in the worldly plays).

Digambara Digambara Sripada Vallabha Digambara





Return to Golden Pithikapuram

When the matter related to consciousness is developed in the seeker, he becomes a resident of Golden Pithikapuram, which is purely constructed with consciousness. Those devotees who constantly remember Me can know about it from experience. Irrespective of the great distances they reside, they become residents of Golden Pithikapuram. I am always easily accessible to them.

- ŚrīPāda ŚrīVallabha





From Sripada Vallabha Sahasranama

namah - I greet/praise HIM with my consciousness, negating the limited me

Aum bhaktha loka manoharāya namah

Meaning: to the One, the beloved, most loved in the Devotees hearts

Aum prema-amrutha pradhā ya namah

Meaning: to the One Who bestows Divine nectar of Love





Monthly Sadhana

Let us take a small challenge every month, in our journeys unto HIM.

From today, until the Chitra nakshathra of the next month,
Let us consciously take at least 15 minutes off, every day –
to sit in silence; to think of those who harmed us in some way or the other.
Let's consciously liberate ourselves from hatred, let's forgive...
Sripada has said, "Do not hate anyone in this Creation. All that hatred,
eventually reaches Me."

Are you ready to take up this?

To take one step closer towards Golden Pithikapuram ???





punar darshanāya

punar darshanāya punar harshanāya

Śrī Guru kripā varshanāya

Until we meet again, in a peaceful manner (on a note of contentment) Let us all be showered with Sri Guru's blessings! Closing this note with one of the most wonderful verses illustrating the essence of universal harmony and wellbeing.

sarve bhavantu sukhinaḥ sarve santu nirāmayāḥ |

sarve bhadraṇi paśyantu mā kaścidduḥkhabhāg bhavet ||

May all be fine; May all be free from infirmities;

May all see good; May none partake suffering.

With Sri Guru's blessings, the next episode will be available at the link for the next Chithra nakshatra @

<https://sripada-vallabha.org/journals/charanamrth.php>

Jai Guru Datta Digambara

Jai Sainatha Digambara

Digambara Digambara ŚrīPāda Vallabha Digambara

